

*Operational Guide for School
Oral Health Program*

**Regulations for
Dentist Joining School
Oral Health Program**

Regulations for Dentists Joining School Oral Health Program

Superintendent of Oral Health set up specific regulations to practice dentistry in the School Oral Health Program (SOHP). New dentists should undergo professional training in the SOHP protocol. This training is followed by written and practical evaluation of all the trainees. The training and the evaluation is done by well trained team (dentists and dental assistants) appointed by the Superintendent of Oral Health. Dentists who passed the evaluation process successfully will be appointed by the SOHP.

Objectives:

The objectives of the training courses are to:

- Standardize the clinical skills and knowledge of dentists who are graduated from different dental schools, to practice dentistry in the SOHP.
- Ensure that dentists have acquired the knowledge and understanding of clinical dental sciences to practice dentistry in consistent with the contemporary standards of care.
- To obtain high quality of care and high standard of care for the children.

Training Curriculum

New dentists joining the SOHP should undergo a training course divided into four sessions as follows:

- A. Theoretical course.
- B. Phantom head training.
- C. Clinical training.
- D. Computer training on patient data entry.

A. Theoretical Course

The duration of this session is two weeks. The syllabus includes the following topics:

- Introduction to School Oral Health Program in Kuwait.
- Principles of dental public health.
- Principles of health education and prevention.
- Principles of work simplification.

- Behavior management.
- Dental anatomy.
- Pulp histology and pathology of primary and permanent teeth.
- Radiographic interpretation.
- Dental management of medically compromised patients.
- Clinical protocol.
- Examination, charting, diagnosis, and treatment planning.
- Instruments and materials used in the program.
- Local anesthesia.
- Topical fluoride application.
- Fissure sealant, preventive resin restoration (PRR), and composite fillings.
- Stainless steel crown for primary and permanent teeth.
- Cross Infection control.
- Maintenance of dental equipments.
- Common mistakes in dental practice.
- Prescribing medicine.
- Recording the clinical productivity.

B. Phantom Head Training

The duration of this session is one week. Skills that will be learned after this session:

- Instruments and materials used in the program.
- Dental examination and charting.
- Topical fluoride application.
- Rubber dam application.
- Fissure sealants application.
- Preventive resin restoration (PRR).
- Composite fillings (Class I, II, III, IV, V).
- Pulpotomy/SSC for primary teeth.
- Pulpotomy/SSC for permanent teeth.
- Proper cross infection control practices.

C. Clinical Training

This session take place between two weeks to 6-months and it has two parts:

- Observation for two weeks:
 - The trained dentists observe the clinical procedures that done by a well trained dentist during patient visits to the dental clinic.
- Working under direct supervision for 2- 6 months:
 - Step by step introduction to clinical practice on patients.

D. Electronic Patient File

Currently, the SOHP is using unique software as an electronic patient record for data entry in all the centers. The electronic record is called Titanium. All the staff in the program receives a 3 day hands-on training at our computer lab. Any updates on the software are conveyed to all the staff immediately. Re- training courses are conducted on regular basis.

This training is followed by a practical assessment conducted on the last day of the training course.

Eligibility

All dentists working with the School Oral Health Program should have:

- Kuwait Dental Association (KDA) membership.
- Valid dental license.
- Continued Medical Education (CME) membership from Kuwait institute for medical specialization (KIMS).

Continuing Education Program

As a CME/CPD provider, SOHP receives accreditation from the CME center of the Kuwait Institute for Medical Specialization (KIMS) for planning and conducting CME/CPD activities. The scheme of CME/CPD is structured, so that it runs in five year cycle. Dentists registered in the Maintenance of Professional Competence(MPC) program are required to acquire 250 credit points within the five-year cycle i.e., a minimum of 50 CME credit points are required every year. SOHP had planned and conducted a series of workshops, seminars, lecture series, and group learning sessions that are accredited by the CME center for dentists. Our staff is also encouraged to attend the lectures, conferences, and hands on courses organized by KDA, Kuwait University and KIMS.